

COACHING FOR MANAGERS

WHAT IS IT ABOUT?

Worries related to workplace engagement is a constant discussion in work forums. Disengaged employees leave and even when they stay, they are less likely to be productive.

The need for managers to be better coaches is widely recognised as a key step to remedy this. Yet, Gallup reports that only 2 in 10 managers instinctively know how to coach. But others can learn! Coaching is key in your job as a manager to focus on the long-term development of your colleagues.

In this course, you'll learn the fundamentals of coaching, your role as a coach for your team and how to make this work for your team.



WHAT WILL YOU LEARN?

- Understand the definition of coaching and its importance in your role
- Be clear about what, why, when and how to coach
- Be able to describe and use the GROW model with your team to empower their growth and maximize their impact on your business
- Learn and practice key coaching techniques and how to take key actions from it

**UNLOCKING A PERSON'S
POTENTIAL**

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COLLABORATION



WHOM IS IT FOR?

Leaders who want to empower their team to become independent and high performing.

METHODOLOGY, TOOLS, TECHNIQUES TAUGHT

- The GROW coaching Model
- Learn how to 'tame your advice monster' (ref Michael Bungay Stanier TED talk) through:
 - Powerful questioning
 - Active Listening
 - Self-Management

Learning for the curious

