

# BUILDING HIGH PERFORMANCE TEAMS

## WHAT IS IT ABOUT?

Leaders today must be able to form and lead teams that can achieve or exceed organisational objectives in a complex and rapidly changing business environment.

Solid teams are the foundation of a high-performance organisation and developing those teams is an effort that requires serious effort and consistent discipline.

What teams need to thrive are certain enabling conditions: a compelling direction, a strong structure and a supportive context.

## WHAT WILL YOU LEARN?

- Gain insights from research and learn practical tools and techniques to create higher team performance
- Understand team dynamics
- Understand how to build trust and psychological safety within the team
- Develop an action plan focused on the key things that will make the greatest difference for moving forward.

**THERE'S NO TEAM  
WITHOUT TRUST**

## WHOM IS IT FOR?

People leading teams or wanting to have a better understanding of team dynamics

## METHODOLOGY, TOOLS, TECHNIQUES TAUGHT

- Psychological safety: 'The belief that you won't be punished when you make a mistake.' Studies show that psychological safety allows for moderate risk-taking, speaking your mind, creativity, and sticking your neck out without fear of having it cut off.
- The HPT framework

COLLABORATION 